



AGENDA ITEM # 7

DATE:	May 26, 2022
SUBJECT:	Area Agency on Aging Four-Year Plan: FY2020-2023 Fourth Year of the Plan: July 1, 2022 - June 30, 2023
PREPARED BY:	Mary Lucero
BACKGROUND:	<p>Under the Older Americans Act (OAA), Aging and Family Services is required to prepare a Four-Year Plan covering the OAA programs we administer. This document also maintains our eligibility to receive state and federal funds and to administer program services covered by the plan.</p> <p>The Four-Year Plan being submitted for approval represents the fourth year of a four-year planning cycle (2020-2023). The document includes an update on progress made during the current fiscal year, identifies goals for the department in the coming fiscal year, and projects program services for FY2023.</p> <p>The plan has been reviewed and approved by the MAG Aging Advisory Council. With the approval of the Executive Council, the plan will be submitted to the State Division of Aging and Adult Services for approval by the State Board on Aging.</p>
RECOMMENDATION:	Approve the Fourth Year of the Area Agency on Aging Four-Year Plan for FY2022-2023.
SUGGESTED MOTION:	I move to approve the Fourth Year of the Area Agency on Aging Four-Year Plan, covering FY2022-2023, and authorize the Chair to sign the plan document.
CONTACT PERSON:	Mary Lucero (801) 953-9716 Mlucero@mountainland.org
ATTACHMENTS:	A summary of the plan is attached.



MAG Area Agency on Aging

Four-Year Plan: FY 2020-2023

Fourth Year of the Plan – FY2023

Accomplishments for FY2022 (Current Year):

- All Senior Centers in the MAG service area have transitioned from “drive-thru” curbside packaged meals during the COVID pandemic back to inside congregate meals.
- MAG received \$75,000 in CDBG-CV grant funds to support our Utah County meal programs, with a second CDBG-CV grant fund application for \$75,000 approved.
- During FY2022, the Meals on Wheels (MOW) program added six additional volunteer routes in Utah County, and one additional volunteer route in Wasatch County, for a total of 53 volunteer routes (48 Utah County, 2 Wasatch County, 3 Summit County). The MOW volunteer program grew by 90 vols during FY22 for a current volunteer base of 459.
- MAG Aging concluded a grant in partnership with the University of Utah Division of Family Medicine Nutrition Research Study. The study followed older adults who are moving from care settings to home, to determine the cycle of malnutrition that often occurs following these transitions. The results of this study have the potential to reduce negative health outcomes, lower healthcare utilization costs, and lead to increasing the health and wellbeing of older adults living independently at home.

- MAG Case Managers and Ombudsman are transitioning back to in-person meetings with clients. Staff have expressed how much this interaction means and how vital it is to their ability to do their job in a meaningful and thorough way.
- MAG now offers all educational trainings and support groups in a hybrid, virtual, and in-person format. The need for a virtual format during the pandemic created new ways of reaching community members that pre-pandemic, were unable to attend.
- The MAG Utah County Caregiver Coalition held a virtual day-long conference themed “Finding Joy in the Journey”. The conference ran from 9:30-4:00 pm. Feedback was overwhelmingly positive.
- The MAG Wasatch/Summit County Caregiver Coalitions hosted a Senior Picnic and Resource Fair in Wasatch County in September. Approximately 65 seniors attended this outdoor event. This group is also hosting a Caregiver Walk in Wasatch County in June 2022.
- MAG hosted our 2nd Annual Senior Health Challenge in June 2021 with 115 registered participants (up from 30 participants in our first Challenge event offered in 2020). We are hoping for a minimum of 150 participants in our third event scheduled in June 2022. This is intended to encourage seniors to remain active, and to also engage in activities with others to promote social engagement.
- MAG continues to coordinate with the Utah County Area Mobility Coordinating Council, to provide support to the Utah Valley Rides program. The project currently provides service to the Provo/Orem area only, on Monday, Wednesday, and Friday, from 9:00 a.m. to 2:00 p.m. An additional van operates on Thursdays in Pleasant Grove/American Fork.
- Lastly, MAG is in the process of transitioning to several new database systems in different areas of Aging programming. This will result in stronger data collection for funding requests, ongoing program improvement, identification of community needs, and quality program oversight.

Focus Areas for the Upcoming Fiscal Year (FY2023):

- We enjoy a strong relationship with IHC's Senior Health Clinic through IHC's Utah Valley Hospital. We are fortunate to have a Geriatric team in our area that we can refer our clients to. We are also building strong system partner relationships with the IHC Live Well Centers located in Utah and Summit Counties.
- MAG Aging is partnering with Neural Effects located in Provo. This organization works with individuals living with dementia to create a holistic treatment plan. MAG will serve as a liaison between Neural Effects, the Alzheimer's Association, and the Orem Senior Center to provide an early diagnosis support group.
- The MAG 4th Annual Senior Health Challenge event will be held throughout June 2022.
- The MAG Caregiver Coalition's 17th Annual *Unlocking a New Perspective* Caregiver Conference will be held on November 5, 2023.
- The Friendly Caller Program sponsored by the Retired Senior Volunteer Program (RSVP) continues to provide social connectivity for isolated seniors. Program focus for FY23 will be to continue growing both volunteer callers and senior program participants.
- MAG Aging will continue to support the Dementia Friendly Utah Campaign in partnership with the Utah Department of Health Healthy Aging Program, and the Alzheimer's Disease and Related Dementias (ADRD) Program. MAG Aging staff will support the ADRD Program as sitting committee members on the Dementia Friendly Workforce, Dementia Aware Utah, Supported and Empowered Family Caregiver workgroups, and the ADRD Coordinating Council.
- MAG provides Long-Term Options Counseling to assist with identifying long term planning and available resources for older adults, Veteran's, caregivers, and families. MAG Aging is exploring a Private-Pay Case Management/Care Consultation service. This service is intended to help those who do not qualify for Aging In-Home Programs by providing an in-home assessment,

identification of services needed, and assistance with developing and implementing long-term plans for individuals and families.

- MAG will continue to work with APS, law enforcement, and other subject experts by actively participating on Multi-Disciplinary Teams (MDTs) in all three counties during FY23. These teams provide a forum to discuss cases where older adults may be experiencing abuse, fraud, or exploitation to determine appropriate reporting, intervention, mitigation, and follow up.

Ongoing MAG Aging Projects:

- Continue Management & Implementation of all Older American Act Programs
- Promote Positive Aging
- Enhance Public Relations and Community Outreach
- Support and Grow Volunteer Programs
- Continue State and Federal Advocacy
- Pursue Grant Opportunities
- Strengthen Partnerships within the Aging Network
- Identify Unmet Needs
- Prevent and Address Social Isolation
- Advocate for Adequate Transportation Options for Older Adults
- Raise Awareness of Elder Abuse, Exploitation and Fraud
- Provide Advocacy for Residents in Long-Term Care & Assisted Living Facilities
- Replacing Home-Delivered Meal Vehicles