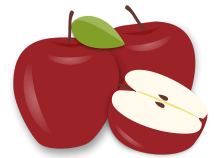



# September 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2 NO MEAL</b></p> 	<p><b>3 Oven Roasted Chicken over Quinoa (39)</b> Green Peas (11) Fruit Cocktail (14) Cookie Bar (18)</p>	<p><b>4 Garlic Roasted Beef with Gravy (10)</b> Herb Roasted Baby Potatoes (15) Beets (6) Diced Peaches (19) Fresh Baked Roll (16)</p>	<p><b>5 Santa Fe Shredded Turkey over Brown Rice (30)</b> Roasted Corn (14) Red Beans (23) Orange (22) Fresh Baked Roll (16)</p>	<p><b>6 Sloppy Joe (03)</b> Fresh Baked Bun (15) Pork and Beans (25) Mixed Veggies (12) Cottage Cheese and Mixed Fruit (19)</p>
<p><b>9 Cheesy Italian Sausage Pasta Bake (50)</b> Green Beans (02) Fresh Garlic Bread Rolls (15) Apple Sauce (14) Garden Green Salad (2)</p>	<p><b>10 Savory Chicken Salad Wrap (18)</b> Italian Pasta Salad (20) Kosher Pickle Spears (00) Diced Peaches (19)</p>	<p><b>11 Kalua Pork (00)</b> Hawaiian Rice (25) Broccoli (4) Pineapple Tidbits (07) Fresh Baked Rolls (15)</p>	<p><b>12 Roast Turkey Breast (03)</b> Garlic Mashed Potatoes &amp; Turkey Gravy (26) California Blend Veggies (04) Fresh Baked Roll (15) Fresh Apple (28)</p>	<p><b>13 Beef Stroganoff over Rice (34)</b> Seasoned Carrots (06) Apple Crisp (67) Garden Green Salad (02)</p>
<p><b>16 Swedish Meatballs (39)</b> Rice (21) California Blend Veggies (04) Apple Sauce (14) Fresh Baked Roll (16)</p>	<p><b>17 Biscuit (25) and Sausage Gravy (14)</b> Scrambled Eggs (01) Tater Tots (18) Navel Orange (22)</p>	<p><b>18 Homemade Meatloaf (3)</b> Garlic Mashed Potatoes &amp; Gravy (27) Fresh Apple (28) Green Salad (2) Chocolate Brownie (23)</p>	<p><b>19 Malibu Chicken with Honey Mustard Sauce (08)</b> Au Gratin Potatoes (22) Broccoli (4) Fresh Baked Roll (16) Jell-O with Fruit (14)</p>	<p><b>20 Grilled Hamburgers with Fresh Baked Bun (17)</b> Hot Potato Salad (19) Sliced Pears (19) Pork and Beans (25)</p>
<p><b>23 Teriyaki Beef Bowl (8)</b> Steamed Brown Rice (21) Steamed Broccoli (04) Pineapple (15) Fresh Baked Roll (15)</p>	<p><b>24 Country Fried Steak (4)</b> Mashed Potatoes &amp; Gravy (27) Mixed Vegetables (12) Fresh Apple (28) Corn Bread (28)</p>	<p><b>25 Roasted Lemon Pepper Chicken (10)</b> Steamed White Rice (21) Carrots (06) Garden Green Salad (02) Sliced Pears (19) Cookie Bar (18)</p>	<p><b>26 Beef Taco Salad (05)</b> Pinto Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)</p>	<p><b>27 Oven Roasted Pork (00)</b> Loaded Mashed Potatoes (15) Diced Beets (06) Fruit Cocktail (14) Fresh Baked Roll (16)</p>
<p><b>30 Fish Filets with Tartar Sauce (15)</b> Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (12)</p>	<p>Number in parentheses represent carbohydrate count</p>	<p>Low fat milk (12) is provided with each meal</p>	<p><b>Please call to cancel the meal at least a day in advance</b> <b>801-229-3802</b></p>	<p>Suggested donation <b>\$4/meal</b> <b>Menu subject to change</b></p>